



ICE HORSE® Tendon Wraps F1000/F2000

With First+Ice® Re-Freezable Heatable Inserts

Application Instructions

LEAVE FIRST+ICE INSERTS IN YOUR FREEZER OVERNIGHT.

The dry cold material is solid coming from the freezer. A simple 10-second massage of the re-freezable/reusable bag results in a loose, flexible, cold source that configures to the horse's cannon and tendon area immediately.

DIRECTIONS

The Product

- + Store the FIRST+ICE packages in your home or stable refrigerator freezer chamber.
- + Remove just before you plan to use. Store in a thermal container.

The Horse

- + Cross-tie the horse in a stall or wash rack. Wet down the horse's leg(s) with a sponge.

The Leg Wrap (Boot)

- + Use two FIRST+ICE packs for each leg wrap applied to the horse's leg(s).
- + Massage the FIRST+ICE pack to loosen the beads of ice cold relief.
- + Apply the boots to the treatment area of the leg and secure with the three straps.
- + **After use, the FIRST+ICE insert packs can be wiped down with a damp cloth and returned to the freezer. Store the boot separately in a dry place.**

FOR HOT COMPRESS USE

BOILING provides best heating effectiveness.

Bring pan of water to boil. Remove from heat. Place inserts in pan for 8 to 10 minutes. Remove insert from pan. Wrap insert in a light towel. Place in the Ice Horse wrap.

MICROWAVE: Place insert in microwaveable container and cover completely with water. Never heat without covering the insert with water. Place container in microwave. Heat at full power for three (3) minutes (time is based on 600 watt microwave oven). After heating, remove insert from water. Wrap insert in towel or leg or hock wrap, then place on horse's injury. If additional heat is required, heat in 30 second intervals.

FOR TECHNICAL ASSISTANCE, CALL 800-786-6633 or visit MACKINNONICEHORSE.COM.